



SICK FROM BREATHING FUMES/SMOKE ONBOARD? BASIC CHECKLIST

Prepared by Association of Flight Attendants-CWA, AFL-CIO

Contact your AFA safety representative to report the date, flight number, aircraft number, your symptoms, and any details. As backup, you can also contact AFA's Judith Anderson (janderson@afacwa.org, 206-251-1203). AFA will provide you with information and support and will attempt to find out what you were exposed to.

Complete/submit the necessary incident form with your airline within the prescribed time-frame (usually 24-48 hours),

Keep a copy of report you send **to** the company for your records

Keep a copy of any response you get **from** the company for your records

If you have symptoms, get medical attention immediately so that your symptoms are documented

When you see a doctor, bring a copy of the product "safety data sheet" for the product you think/know you were exposed to. AFA has posted links to the oil and hydraulic fluid [safety data sheets for AFA airlines](#).

If you think you were exposed to **oil or hydraulic fluid fumes**, also give your doctor a copy of the FAA-sponsored Health Care Providers' Guide. Available at <http://ashsd.afacwa.org/docs/HCPquick.pdf>.

If you have symptoms, call inflight supervisor to file OJI/WC claim. Keep a copy of claim number/paperwork for your records.

Keep a record of your symptoms in a journal and go to the doctor as necessary so that everything is documented. (You may develop new symptoms for weeks after your air quality event. If you are unsure what type of doctor you need to see, call AFA for advice.)

Take photos/video of any visible symptoms (rash, tremors, etc).